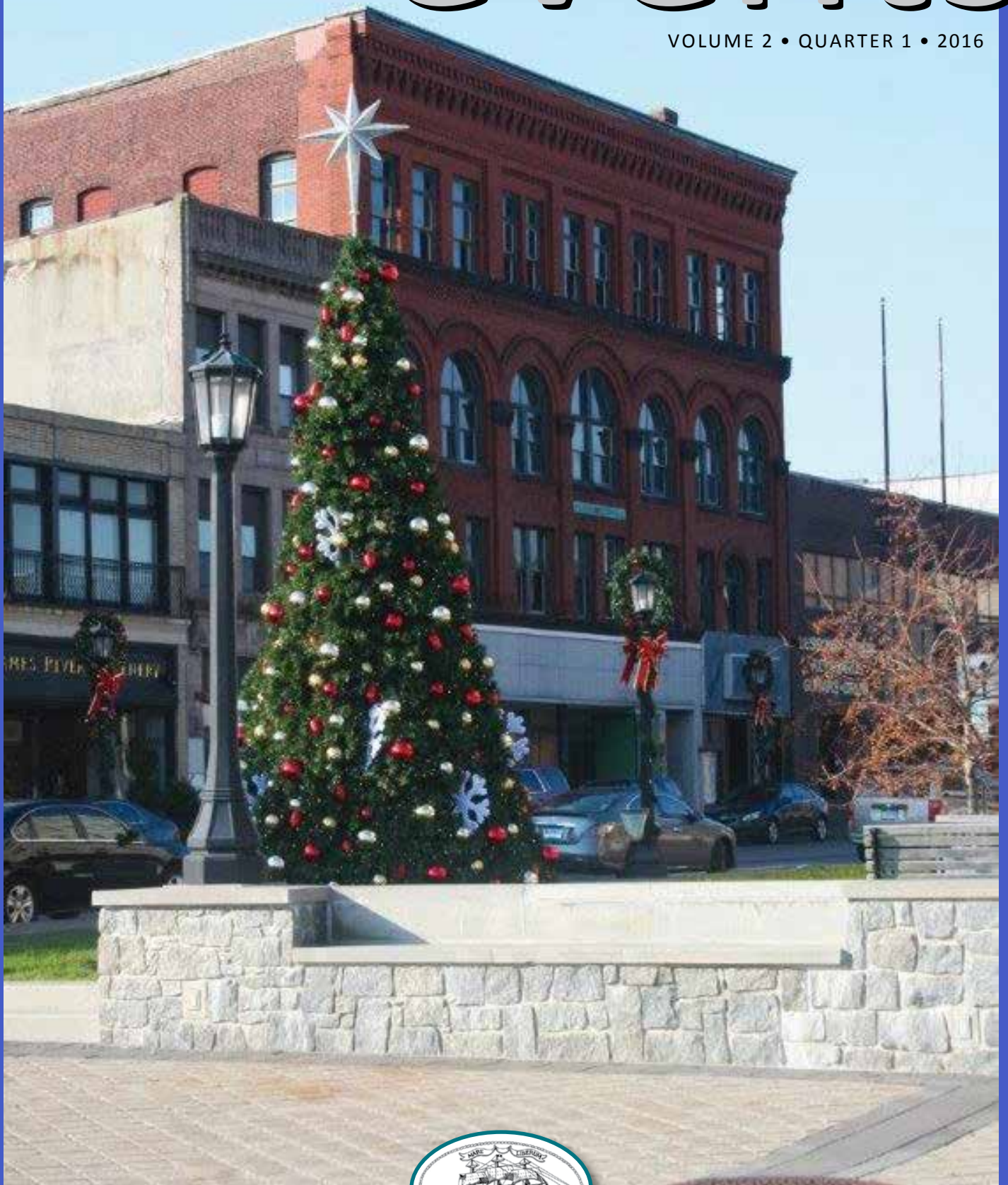


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Mayor's Corner

Dear New London Residents and Visitors,
Welcome to New London Events, an overview of New London's city government, departments, and services. In this helpful magazine, you will find a listing of events that will occur during the first quarter of 2016. I encourage you to take advantage of these activities and to experience New London's rich culture, history, and diversity.

While you are out and about, don't pass up the opportunity to visit our shops, galleries,

museums, musical venues, and restaurants in our "walkable" city. These establishments, as well as our waterfront and transportation center, add to New London's quality of life and drive our growing economy.

I hope you will join me in experiencing the full range of opportunities in New London. It's our city, our future, our time.

With warm regards,
Mayor Michael Passero



Mayor Michael Passero

Office of Development & Planning

City Hall, 181 State Street, 2nd floor
8:30 am- 4:00 pm Monday – Friday

The Office of Development & Planning (ODP) is the point of contact for developers, entrepreneurs seeking assistance in opening a new business, expanding an existing business, or developing or redeveloping land.

ODP provides guidance with the land use regulation process and information on the City of New London's Business Incentive Programs. ODP staff are instrumental in the preparation and record-keeping of many of the City's major planning documents and reports.

ODP is responsible for handling zoning & wetlands activities. The staff maintains

an environment that is customer/resident friendly and is available to assist with any questions, concerns or land use related problems that the resident/customer may have. The staff assists both homeowners and contractors in the process of obtaining zoning permits for residential and commercial property modifications

Continued on page 3

NEED TO TALK?
We have a group for you!



- Groups for adults and children, covering a wide array of topics
- Teen Support, Social Learning, LGBTQ Youth Support and more
- Individual, group and family counseling
- Psychiatric evaluation and medication management

For more information or to schedule an appointment, call 860-442-4319.

Medicaid, Medicare, income-based sliding fee scale and other insurances accepted.

UCFS Behavioral Health Office
351 N. Frontage Rd., Suite 24, New London, CT
UCFShealthcare.org/groups

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Police Department

WINTER PARKING

Winter has arrived, although the temperatures outside may beg to differ, rest assured that, as New Englanders, we will soon be feeling the effects of the bitter cold, icy roads and fallen snow. With that in mind, be aware that this winter's Parking Ban became effective November 1, 2015. The Parking Ban requires that vehicles park on the ODD side of the street for the streets where there is parking on both sides. For those streets that only have one side of the street parking, the side of the street you park on will remain the same.

It would be most helpful, to our City's Public Works Department, as they are responsible for plowing our city streets, if we are all cognizant of the weather forecast and move our vehicles the night before if necessary. Moving your vehicle prior to the snowfall will make it easier for the plows to do their job. For those individuals that live near a public school, please know that you may utilize the schools' parking lot, on a temporary basis, during the snow fall which will allow easy

access to your street for plowing. The Water Street Parking Garage also allows for free parking during snow parking bans. Please be mindful that it is the responsibility of all businesses and residents for the snow clearing and safe preparation of your sidewalks. By doing this you are allowing our children and other individuals to safely commute from one place to another. Removal of snow from private property to city streets is a violation of city ordinance. During the Parking Ban, parking is not allowed in the downtown area. Let's all do our part to assist in clearing our streets of snow this winter which aides in the safety of all.

NEW RECRUITS

The department is proud to announce that two officers graduated from the Police Academy, on December 16, 2015 and will begin their fourteen (14) week Field Training with the department. There are four (4) additional recruits, in attendance at the Connecticut Police Academy, that will be graduating this spring.

Development & Planning ... continued from page 1

such as decks, additions, sheds, etc., the opening of new businesses, home based businesses, signage, parking, etc.

The Office of Development & Planning also administers a broad array of economic and community development programs including Enterprise Zone (EZ) programs, business loan programs, building façade and sign improvement grants, and other business assistance programs.

ODP provides staff support to several Boards and Commissions, including the Planning and Zoning Commission, the Zoning Board of Appeals, the Conservation Commission/Inland Wetlands Agency, the New London Foreign Trade Zone Commission, the New London Port Authority, the Parking Authority, and the Economic Development Commission. ODP staff are actively involved with New London Main Street, the City Center District, RCDA, and the regional economic development and planning organizations, SeCTer and SCCOG.

OFFICE OF DEVELOPMENT & PLANNING

Economic Development Division (860) 437-6309

Planning & Zoning Division (860) 437-6379

Planning & Zoning Commission – 2 regular member vacancies

Zoning Board of Appeals - 2 alternate vacancies

Inland Wetlands/Conservation Commission - 2 alternate vacancies

More information, applications, agendas and minutes are available on the City's website www.ci.new-london.ct.us.

**Want to
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Chris Angeli

at

860-391-5725

New London Fire Department

COOKING FIRE SAFETY - Cooking fires are the leading cause of fires and fire related injuries in the United States. This fact is also true in New London. The largest contributing factor in these fires is unattended cooking. Simply stated the person leaves the kitchen and forgets about cooking or falls asleep.

Following these simple guidelines will result in safer cooking:

Stand by your pan – if you leave the kitchen shut the burner off

Watch what you are cooking – fire will start if the heat is too high. If you see smoke or the grease starts to boil, turn the burner off.

Keep the pan lid nearby – should the pan catch fire you can cover the pan with it to smother the fire (don't forget to shut the burner off if you do that).

Be alert! - if you are sleepy do not use the stove.

Turn the handles of the pans inward toward the back of the stove - this can prevent a child from pulling them down.

If we could eliminate these fires the fire problem within this city could be cut virtually in half. Please take the time to ensure you have working smoke alarms. Smoke alarms should be installed at a minimum outside of the bedrooms and at least one on every level of your home. If you need either a smoke alarm or carbon monoxide alarm please contact the Fire Marshal's Office at (860) 447-5294. There is no cost but the supply is limited!

**WINTHROP
STEM ELEMENTARY
MAGNET SCHOOL**

Winthrop is a Science, Technology, Engineering and Math (STEM) themed magnet school located in New London, CT. Join us at one of our tour and information sessions.

**Saturday, February 6 at 10 a.m.
Tuesday, February 9 at 6 p.m.**

**Saturday, March 5 at 10 a.m.
Tuesday, March 8 at 6 p.m.**

**Information: call 860-447-6033
or visit www.winthropelementary.org
74 Grove St., New London, CT 06320**

New London Youth Affairs

New London Youth Affairs is a Youth Service Bureau which promotes positive outcomes for children, youth, and families by supporting a wide range of comprehensive services and collaborations.



EARLY CHILDHOOD PROGRAMS

EARLY CHILDHOOD FAMILY CENTER

FREE playgroups for children 8 months- 4 years old with a parent or other caregiver. The Family Center offers a variety of playgroup themes throughout the week including dance, music, art, science, gross motor and discovery. Guest entertainers, field trips, and parent workshops are scheduled. Reading readiness

is targeted through supporting developmental milestones and assisting towards preschool placements. Parent resources and individual appointments are available for assistance in finding childcare and meeting family educational, health, and social service needs, including food, diapers, clothing. Programs are in collaboration with Child and Family Agency Family Resource Centers. Go to www.newlondonyouthaffairs.org for schedule of programs. Call 860-447-0459 or email tsalcedo@ci.new-london.ct.us for more information. Supported by Palmer Fund, Shea Trust, Dime Bank Foundation, Charter Oak Credit Union, Veolia Water Authority, Community Development Block Grant, Department of Education, NL Elks Club, Community Foundation of Eastern CT donor designated, and Electric Boat Employees Association.

DATE: Monday-Friday, varied programs
(attendance days flexible)

TIME: 10:00 am

AGE: 8 months-4 years old

LOCATION(S): Martin Center, 120 Broad St, and Family Resource Centers at Winthrop, Nathan Hale, and Winthrop Elementary Schools, call/email/website for location schedule.

FEE: FREE



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
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4 New London Events Quarter 1 2016

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FAMILY AND COMMUNITY PROGRAMS

WHALE'S TALES CHILDREN'S BOOK BANK

DATE: Monday-Friday
TIME: 9:00 am- 4:00 pm
AGES: All
LOCATION: The Martin Center, 120 Broad St,
mezzanine floor.
FEE: FREE

Whale's Tales provides free books to children and their families, teachers and youth serving organizations, through visits, programs, and literary events. You are welcome to come in and choose books for your family or donate gently used children's books. Supported by NL Kiwanis.

PARENT LEADERSHIP UCONN PEP (People Empowering People) COURSE

DATE: Mondays, December 7-February 29
TIME: 12:00 pm - 2:00 pm
AGE: Parents and Community Residents
LOCATION: New London Senior Center, 120 Broad Street
FEE: FREE



The parent leadership course trains parents and other community adults to advocate for children in the schools and community. The program includes communication skills, problem solving, leadership, community assessment, and action planning. Trainees will complete community projects. Refreshments provided. Supported by UCONN Extension, Liberty Bank Foundation, LEARN Quality Enhancement; partnering with Senior Center and Children First New London.

TEENS

TIA (Teens In Action)

DATE: October 2015-June 2016, Mon-Fri
TIME: After school
AGE: Grades 9-11
LOCATION: Martin Center, 120 Broad Street
FEE: FREE

TIA targets high school graduation and employability. Program includes academic support, employability development, internships, community service, leadership, college tours,

excursions, individualized success plans, and meals. Supported by Community Foundation of Eastern CT, Bodenwein Foundation, Chelsea Groton Foundation, Pfizer, Chelsea Groton Foundation, Department of Education, Community Foundation donor designated, Electric Boat Employees Association, NL Elks Club; partners with NL Public Schools and CT College.

C.O.O.L (Careers of Our Lives) Directions

DATE: September 2015-June 2016
TIME: After school
AGE: Grades 11-12
LOCATION: Martin Center, 120 Broad Street
FEE: FREE

This program targets high school age juniors and seniors who meet eligibility criteria attending New London High School, Grasso Technical High School and Science & Technology Magnet High School. COOL assists with the following: career and educational guidance, job seeking skills and portfolio development, driver's education support, and work based learning experiences such as jobs, internships and job shadowing. Funding is provided through Eastern Connecticut Workforce Investment Board (EWIB) and EASTCONN.

NEW LONDON COMMUNITY AND CAMPUS COALITION (NLCCC) MEETINGS

DATE: 3rd Wednesday of each month,
from September 2015 - June 2016
TIME: 11:30 am
AGE: All community members are welcome,
age 12 & up
LOCATION: 120 Broad Street, New London, Martin Center,
1st floor,
FEE: FREE

The goal of the Coalition (NLCCC) is to engage the New London community in combating risky behaviors and reduce use and abuse of alcohol, tobacco, marijuana, and prescription drugs by promoting healthy, vibrant, and productive lifestyles for teens. NLCCC targets this goal through public education, promoting positive programming, enforcement of laws, social marketing, and policy change. NLCCC is supported by the Substance



Continued on page 6

New London Youth Affairs ... continued from page 5

Abuse and Mental Health Services Administration (SAMHSA), and Southeastern Regional Action Coalition (SERAC). Please call 860-442-1497, e-mail nlccc@ci.new-london.ct.us, and like us on Facebook.

NEW LONDON JUVENILE REVIEW BOARD (JRB)

DATE: Monthly
AGE: 10-17 Years of age
FEE: FREE

The New London JRB was created to divert first-time, City of New London, youth offenders from the Juvenile Justice System, for minor offenses and who meet the criteria. The JRB connects referred youth with local services and resources, appropriate for their needs. JRB's are confidential. Supported by Connecticut Youth Services Association, Department of Children and Families, Southeastern Regional Action Coalition; partners

with New London Police Department, New London Public Schools, and Waterford Juvenile Court, and other agencies. Please call 860-442-1497 or e-mail nlccc@ci.new-london.ct.us for more information.

SADD (Students Against Destructive Decisions)

DATE: School year; September – June, weekly
TIME: After school
AGE: Grades 6-8
LOCATION: BDJMS and ISAAC
FEE: FREE

Young people participate in prevention, community service, and leadership opportunities. SADD is supported by Southeastern Regional Action Coalition and SAMHSA, in partnership with New London Public Schools and ISAAC. Please call 860-442-1497 or e-mail nlccc@ci.new-london.ct.us for more information.

Recreation Registration Information

Registration is required for all programs. If the class does not reach its minimum enrollment, it will be cancelled. The Recreation Department reserves the right to cancel any program. Participants will be notified of all cancellations. Full payment of fees on all activities and classes must be made at the time of registration. Checks are payable to the "City of New London." Cash, check, money order, MasterCard, or Visa accepted. No payment may be made over the phone. Recreation Division programs only may register online at www.newlondonrec.com or stop in our office at 120 Broad Street in the Martin Center building 8:30 am - 4:00 pm Mon-Fri. Call 860-447-5230 with any questions.

REFUND/CANCELLATION POLICY

If the Recreation Department cancels a program/class, then a full refund will be given. Should an individual decide to drop out of a course he/she has already paid for, a refund request must be made prior to the first class session and will be assessed a \$10.00 processing fee. If a session is cancelled due to weather or other problems, an effort will be made to schedule a make-up session. If a make-up session can not be scheduled, no partial refund will be made. Whenever school is cancelled or closes early, programs taking place at a school location will be cancelled.

PARKS IN NEW LONDON

| PARK | LOCATION |
|-----------------------|----------------------|
| Winthrop School Field | Grove St |
| Riverside Park | Crystal Ave |
| Caulkins Park | Crescent St |
| Toby May Park | Ocean Ave |
| Mercer Park | Willets Ave |
| Bates Woods Park | Jefferson Ave |
| Mahan Park | Broad St/Vauxhall St |
| Williams Park | Broad St/Williams St |

| | |
|------------------------|----------------------------------|
| Williams Memorial Park | Hempstead St/Broad St |
| Mitchell Park | Montauk Ave |
| Green Harbor Park | Pequot Ave |
| Bartlett Park | Broad St/Ct Ave |
| Blackhall Park | Blackhall St/CT Ave/Garfield Ave |
| Fulton Park | Crystal Ave |

FACILITY RENTAL

To obtain permission/reserve a facility (parks, fields, pavilions, and meeting rooms/gymnasium), a representative must attend the Parks and Recreation Commission meeting at least one month prior to the event. This includes birthday parties and family reunions under the park pavilions. Meetings are held the first Wednesday of each month at 6:30 pm in the New London Senior Center Library. Scheduling permits must be completed, signed, fees paid (if applicable) and copy of certificate of insurance provided prior to use of any facility. All forms need to be completed at the Recreation Department. Group rentee must follow and respect all facility rules and noise ordinances.

YOUTH SPORTS LEAGUES

| | |
|--|--------------|
| NL Youth Soccer Club | |
| www.newlondonsoccerclub.org | 860-324-6211 |
| NL Little League | |
| www.newlondonlittleleague.com | 860-917-8345 |
| NL Youth Lacrosse | |
| www.nlyouthlacrosse@gmail.com | 860-235-6959 |
| NL Youth Football & Cheerleading | |
| www.nlyouthfootballleague.com | 860-625-5861 |
| NL Babe Ruth | |
| www.newlondonbaberuth.org | 860-984-3333 |
| NL American Legion | 860-444-7883 |
| NL Youth Wrestling | 860-287-0526 |

Recreation Guide

DANCE FOR ALL AGES AND GYMNASTICS

TAP DANCE

DATE: Tues & Thurs, March 8-April 28, 2016
Tues & Thurs, May 10-June 30, 2016
TIME/AGE: 6:30-7:30 pm Ages 4-6, 7-10, 11-15
LOCATION: Martin Center Dance Room
FEE: \$40.00 for 8 week session residents/
\$45 nonresidents
INSTRUCTOR: Amanda Darling
Beginner and intermediate tap dance lessons. Program runs throughout the school year. Class meets 2 times per week. Tap shoes required. Bring a water bottle and wear comfortable clothes to dance in.

BALLET

DATE: Tues & Thurs, March 8-April 28, 2016
Tues & Thurs, May 10-June 30, 2016
TIME/AGE: 5:30-6:15 pm / 4-6 yr & 7-10 yr old
LOCATION: Martin Center Dance Room
FEE: \$40.00 for 8 week session residents/
\$45 nonresidents
INSTRUCTOR: Amanda Darling
Beginner and intermediate ballet lessons. Program runs throughout the school year. Class meets 2 times per week for each age group. Ballet shoes required. Bring a water bottle and wear comfortable clothes to dance in.

HIP HOP DANCE LESSONS

DATE: Tuesdays & Thursdays, Jan 26-Mar 22, 2016
- no class 2/16
Tuesdays & Thursdays, April 5-June 2, 2016
- no class 4/19, 4/21
TIME: 5:30-6:30 pm
AGE: Girls and boys 5-12 yrs. old
LOCATION: Nathan Hale Dance Room
FEE: \$50 Resident/ \$55 Non-resident- 8 wk session
INSTRUCTOR: Monica Lee Fish
Children will learn basic exercise based dance moves to clean edited hip-hop music in a fun upbeat environment. Each student will be required to bring a water bottle, comfortable athletic clothing and shoes. No shoes by participants or spectators allowed in the dance room.

HIP HOP DANCE TEAM

DATE: Tuesdays & Thursdays, Jan 26-Mar 22, 2016
- no class 2/16
Tuesdays & Thursdays, April 5-June 2, 2016
- no class 4/19, 4/21
TIME: 6:30-7:30 pm
AGE: Boys and Girls 7yrs and up
LOCATION: Nathan Hale Dance Room

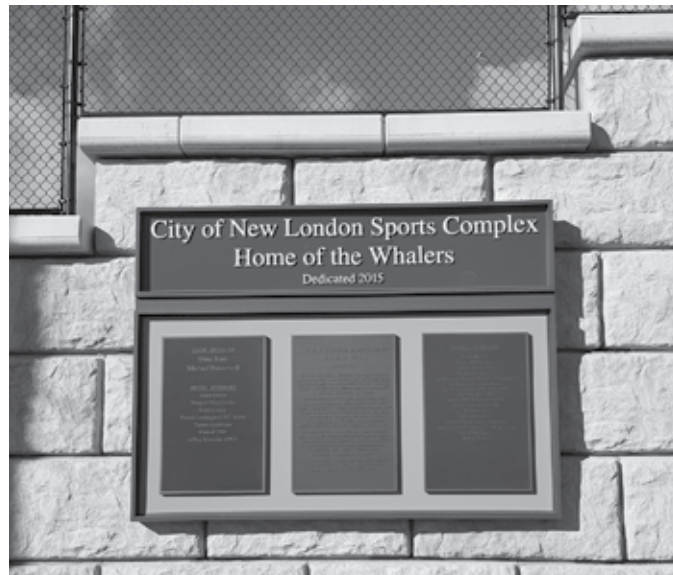
FEE: \$40 Resident/\$45 nonresident- 8 wk session

INSTRUCTOR: Monica Lee Fish

All participants will learn choreographed dance routines. Requirements for each class include water bottle, comfortable athletic clothing and shoes. Participants new to the team will have tryouts on the first day of class. Call to register for tryouts- 860-447-5230. Uniforms an additional cost- approx. \$35/ participant- fundraising available to help with uniform fee.

SPORTS PROGRAMS

Save the dates for these upcoming youth fitness events.



TRIPLE CROWN - Youth Fitness Events

PROUD TO DU IT - Sunday, May 1, 2016

NORWICH SPLASH AND DASH - Saturday, June 25, 2016

PROUD TO TRI - Saturday, September 10, 2016

Can your child/teen run, bike, and swim? Are they looking to challenge themselves? We are offering three REGIONAL events where youth from all over Southeastern CT are coming together to compete in these races. If the participant competes in all three events they will earn a TRIPLE CROWN CHAMPION trophy at the special ceremony following Proud to TRI event. Every finisher receives a medal, race t-shirt, and food/beverage following each event. These are family friendly events for all skill levels- from the first time racer to youth who have competed in over 20 races. Don't miss this chance to expose your child/teen to fitness events they can do for the rest of their life. Parks and Recreation Depts. from around Southeastern CT have joined together to make these event possible and promote youth fitness in your area. Visit these websites for more information and to register:

Proud to DU It:

<https://runsignup.com/Race/CT/NewLondon/ProudtoDUIt>

Norwich Splash and Dash:

<https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash>

Continued on page 8



Proud to TRI:

<https://runsignup.com/Race/CT/Waterford/ProudtoTRI>

Call 860-447-5230 for more information on the series or any of the events.

PROUD TO DU IT - Youth Duathlon

DATE: Sunday, May 1, 2016
 TIME: 9:00 am
 AGE: 5-17 yrs. old
 LOCATION: New London High School
 FEE: \$15 (plus \$10 if you are not a USAT member)
 \$10 fee gives you a year membership for your child to USAT- 1 time fee covers all races

YOUTH Duathlon- Can you run and ride a bike? Are looking for a new challenge? We will have different distances for each age group. This is a family friendly event where we encourage all abilities to enter and complete the course. Timing splits will be recorded for all 5 areas and medals will be awarded to every finisher. Music and food will follow at the Sports Complex. Everyone will run and bike on closed roads/trails. Training wheels can be used. Helmets are required for all.

| | | | |
|------------|--------------|--------------|--------------|
| Ages 5-6 | Run .3 miles | Bike 1 mile | Run .3 miles |
| Ages 7-8 | Run .7 miles | Bike 1 mile | Run .7 miles |
| Ages 9-10 | Run .7 miles | Bike 2 miles | Run .7 miles |
| Ages 11-14 | Run 1 mile | Bike 2 miles | Run 1 mile |
| Ages 15-17 | Run 1 mile | Bike 4 miles | Run 1 mile |

Register at: - <https://runsignup.com/Race/CT/NewLondon/ProudtoDUI>

TABLE TENNIS

DATE: Mondays, Jan 25-Mar 21, 2016- no class 2/15
 Mondays, April 4-May 23, 2016
 Wednesdays, Jan 20-Mar 9, 2016
 Wednesdays, March 23-May 11, 2016
 TIME: Mon- 7:00-8:45 pm / Wed- 6:30-8:45 pm
 AGE: Mon- Grades 6-12 Wed- adults 18 and up

LOCATION: Ceramics Room winter session/
 Martin Center Gym starting in March
 FEE: \$10.00 Residents/\$15.00 Nonresidents- 8 wks
 INSTRUCTOR: Dexter Johnson Jr.
 1/2 hour lesson followed by open ping pong play. Registration for new players includes your own ping pong paddle, if needed.

KARATE AND CHANBARA- BEGINNER & ADVANCED

DATE: Tues. and Thurs., March 1-May 31-
 no class 4/19, 4/21
 TIME: 7:00-8:00 pm
 AGE: Ages 8 and up
 LOCATION: Winthrop Elem School gym
 FEE: \$35.00 Residents/ \$40 Nonresidents
 INSTRUCTOR: Kevin Meisner
 Modern martial arts class taught by master instructor with over 30 years' teaching experience. Class includes dynamic warm ups, karate forms, interactive exercises and chanbara (freestyle padded sword sparring). Class meets twice each week for three month sessions. Enrollment fee includes class t-shirt and color belts as earned. Students must bring clean, class-only shoes to class, outdoor shoes are not allowed.

ULTIMATE FRISBEE

DATE: Sundays, April 24-May 29, 2016
 TIME: 2:00-3:30 pm
 AGE: All ages- family friendly program
 LOCATION: Nathan Hale Elem Sch field
 FEE: \$20 resident/\$25 nonresident- Max \$50 per family (To get the family rate pay at the Rec Dept in person or via mail)

Join us for 6 afternoons of ultimate frisbee in the park. All levels welcome. We will divide up as numbers permit. Get your family together to experience a great game as well as exercise together!

YOUTH TENNIS LESSONS

DATE: Saturdays, May 7-June 11, 2016 No class 5/28
 TIME: 1:00-2:00 pm
 AGE: 8-14 years, boys and girls
 LOCATION: New London High School Tennis Courts
 FEE: \$30 per resident/ \$35 per nonresident for 5 weeks

Beginner and Intermediate tennis instruction. Learn about the game of tennis including forehand, backhand, serve, and match rules. Bring your racket if you have one; rackets available for use for those who do not have one.

PRESCHOOL SPORTS CLASS

DATE: Tuesdays, January 12-February 23, 2016-
 BASKETBALL- no class 2/16
 Tuesdays, April 5-May 10, 2016- TBALL
 TIME: 6:00-7:00 pm

AGE: 3-5 years old
 LOCATION: Nathan Hale gym BBALL/
 Nathan Hale field TBALL
 FEE: \$25 for 6 weeks residents/ \$30 for nonresidents
 Parent and child class which will focus on sport specific skills. Dribbling, passing, shooting, catching, throwing etc. will be the different skills each parent will do with their child. The class is set up in stations so that each child/parent rotates around. A beginning warm up and ending activity will be done with the lead instructors as a group. We will not be playing a "game" however fun games associated with the sport will be played at the end of each night.

KOREAN FAMILY KARATE
New & Returning Students Welcome

DATE: Tuesdays & Thursdays, February 2-April 12, 2016 (1 or 2 day option) no class 2/16
 Tuesdays & Thursdays, Apr 26-June 30, 2016 (1 or 2 day option)
 TIME/AGE: 5:30-6:15 pm / 7-8 yr olds
 6:15-7:00 pm / 9 and up
 LOCATION: Jennings Elem School gym
 FEE: \$30 Residents/\$35 Nonresidents - 10 wks
 1 day/ wk
 \$40 Residents/ 45 Nonresidents - 10 wks
 2 days/ wk
 INSTRUCTOR: Roberto Padua

The goal of Tang Soo Do is to teach self-respect and respect for others. This will teach the Korean art of Tang Soo Do. Training is traditional encompassing the refinement of technique, hyung (forms) and dae ryan (sparring). There will be 10 wks. of class. Class meets 1 or 2 days a week. Additional \$15 fee at end of class for child to be tested for next belt.

LII' NINJAS KARATE PROGRAM
New & Returning Students Welcome

DATE: Fridays, February 5-April 8, 2016
 Fridays, Apr 29-July 1, 2016
 TIME/AGE: 5:30-6:00 pm 5-6 yr olds
 LOCATION: Jennings Elem School gym
 FEE: \$30.00 Residents/\$35 Nonresidents- 10 wks
 INSTRUCTOR: Roberto Padua

The goal of Tang Soo Do is to teach self-respect and respect for others. This will teach the Korean art of Tang Soo Do. Training is traditional encompassing the refinement of technique, hyung (forms) and dae ryan (sparring). There will be 10 wks. of class. Class meets 1 day a week. Additional \$15 fee at end of class for child to be tested for next belt.

DOUBLE DUTCH CLASS

DATE: Wednesdays-Feb 17-April 6, 2016
 Wednesdays, April 27-June 15, 2016
 TIME: 6:30-7:30 pm

AGE: 10 yrs old and up
 LOCATION: Winthrop Elem School Gym
 FEE: \$20 residents /\$25 nonresidents- 8 wks
 INSTRUCTOR: Teresa Vasquez
 Have you wanted to learn how to Double Dutch? Do you already know how and want to get together with a group to have fun? All skill levels welcome.

SWIMMING
BABY & ME

DATES: Sundays, January 10-Feb 28, 2016
 Sundays, April 3- May 22, 2016
 TIME/AGES: 1:30-2:15 pm
 FEE: \$40 residents/\$45 nonresidents- 8 wks
 LOCATION: Avery Point Pool, Groton
 INSTRUCTOR: NL Rec Swim Staff
 The goal of the class is to help make the child comfortable with the water. Parents will be in the water with children. Class focuses on singing games, jumping in the water, blowing bubbles, and having fun in the water. NOTE: The temperature of the water is not within our control at the college. At times, this pool has been chilly. Children's wetsuits can be worn during the class to keep your child warmer.

Continued on page 10

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 Nagy Wassef, Owner, RPh.

Recreation Guide ... continued from page 9

SWIMMING LESSONS

DATES: Sundays, January 10-Feb 28, 2016
Sundays, April 3- May 22, 2016

TIME: 1:30-2:15 pm Level 1, 2, 3, and 4
2:30-3:15 pm Level 1, 2, 3, 5, and 6

AGES: 4 to 14 years old

FEE: \$40 residents/\$45 nonresidents- 8 wks

LOCATION: Avery Point Pool, Groton

INSTRUCTOR: NL Rec Swim Staff

Classes are in 6 levels. Please designate your level and time of choice on registration form. Call NL Rec for questions about levels- 860-447-5230. Additional levels will “possibly” be added online if a particular level fills.

ADULT SWIM LESSONS

DATES: Sundays, January 10-Feb 28, 2016
Sundays, April 3- May 22, 2016

TIME: 2:30-3:15 pm

AGES: 15 through adult

FEE: \$40 residents/ \$45 nonresidents- 8 wks

LOCATION: Avery Point Pool, Groton

INSTRUCTOR: NL Rec Swim Staff

This class will focus on basic swim strokes to make all adults comfortable in the water and improve your strokes based on the level you are at. Beginner and intermediate swimmers welcome.

ENRICHMENT AND SPECIAL EVENT PROGRAMS

THE BIG EVENT RETURNS!

Intergenerational Dinner and Entertainment- **SOCK HOP**

DATE: Saturday, February 27, 2016

TIME: 4:30-7:30 pm

AGE: All ages; grandparents, parents, children, adults, guardians, etc. welcome!

LOCATION: Ocean Beach Port N’ Starboard

FEE: \$7 per person NL resident; \$13 nonresident; (children 3 and under free)

Pasta dinner with your family and an unbelievable lineup of entertainment! Space limited; Tickets sold at the New London Recreation Department and online at www.newlondonrec.com began on Tuesday, December 1.

Entertainment begins at 4:30 pm. Dinner served starting at 5:00 pm. Great chance to bring the whole family together for a special night out! Children will NEVER forget this night together and you might not either! Variety of entertainment to suit and delight all ages. All families with three generations present will be put in a special drawing for prizes. Tickets will not be sold at the door.

PARENTS NIGHT OUT

VALENTINES SPECIAL DANCE PARTY

DATE: Friday, February 12, 2016

MOTHER’S DAY SPECIAL

DATE: Friday, May 6, 2016 -

TIME: 5:00-9:00 pm

AGE: Ages (4-5) and (6-10)

LOCATION: New London Senior Center, off Brainard Street

FEE: \$5 per child resident/ \$10 nonresident

INSTRUCTOR: NL Rec Staff

Parents- need a night out to have dinner together or go shopping? We will be offering 4 hours of supervised activities for your children including a special theme each night. Board games, arts and crafts and group games will also be run. Dinner will be provided each night. Children may be dropped off or picked up at anytime as long as they are preregistered.

COMEDY IMPROV

DATE: Thursdays, January 14- Mar 3, 2016

TIME: 5:45-7:15 pm- Ages 9-17

7:15-8:45 pm- Ages 18 and up

AGE: 9 and UP

LOCATION: Martin Center Ceramics Room

FEE: \$40 per resident/ \$45 nonresident

INSTRUCTOR: Tera Feigen

Do you have a class clown in the family? Is your kid really funny? Do you love to be the center of attention? A professional comedian from NYC is here to show you the ropes on performing improv comedy, just like they do on the show “Whose Line is it, Anyway?” In this class you will learn improvisational comedy games, the rules of comedy and improv, and how to use your natural comedic instincts to work together as a team and make people laugh! This class is a huge confidence builder as well as a way to teach teamwork and creativity. But most of all, it’s FUN! You will be amazed at what you or your child will be able to do at the end of this 8 week improv class, when you come to the final class and have a comedy debut performance! Bring those cameras, it’s sure to become a treasured family memory!

FROZEN FUN

DATE: Tuesdays, Feb 23-Mar 15, 2016

TIME: 6:00-7:00 pm

AGE: 4-8 years

LOCATION: Martin Center- Family Center Room

FEE: \$20 residents/ \$25 nonresidents – 4 wks

INSTRUCTOR: Tera Feigen

Do your kids love the movie “Frozen”? Are they constantly pretending to be Elsa? Do they watch the movie over and over again? New London Rec has you covered. We will take your child to the land of “Frozen” fun every week with story writing, acting, singing, dancing, and arts and crafts. Your kids will have a ball! On the last class of this four week class, parents will be invited in for a “Night of Frozen Delight” where you can watch your child’s

acting, hear their stories, see them dance or sing and view their artwork, all centered around that ever popular movie!

APRIL VACATION SUPERVISED CAMP PROGRAM

DATE: April 18-22, 2016
 TIME: 9:00 am -3:00 pm
 AGE: Cooking/Arts Camp- Ages 4-10 yrs
 Sports Camp- Ages 4-10 yrs
 Dance Camp- Ages 6-12 yrs
 Acting Camp- 7-14 yrs
 Adventure Camp- 11-14
 (Additional Field Trip fee applies)
 LOCATION: Martin Center; Ceramics room- we will email other room locations w/in building
 FEE: \$35 residents/ \$40 nonresidents – 5 days of FUN! Adventure Camp- Additional \$20 field trip fee (5 days of field trips)

INSTRUCTOR: NL Rec

Are you ready for a vacation you won't forget? Have fun with your friends over the spring week. Visit us online for more information www.newlondonrec.com Space limited - register early!!

MY CHILD AND ME MUSIC CLASS

DATE: Thursdays, January 14-February 18, 2016
 TIME: 5:30-6:15 pm
 AGE: Birth to 5 years old
 LOCATION: Martin Center- Family Center Room
 FEE: \$35 residents/ \$40 nonresidents – 6 wks

INSTRUCTOR: Nicole Clarke

Early childhood music classes will provide meaningful musical experiences for children and families. Babies toddlers and pre-schoolers will participate in musical experiences that involve singing, expressive movement, games, creative play, vocal exploration, and instrumental play. A great variety of musical styles and genres will be the basis for the classes. Caregivers will be an integral part of the class and will learn how they can incorporate music into their daily routines with children. Early childhood music classes can develop and foster children's musical literacy and a life-long love for music. Musical learning also facilitates a child's development in the area of language, motor, cognitive and social skills.

EXERCISE, NUTRITION AND FITNESS CLASSES

ACTIVE PILATES/ YOGA FUSION

DATE: Mondays, November 30-Feb 1, 2016 - no class 12/28, 1/18
 Mondays, February 22-April 11, 2016
 TIME: 5:30-6:30 pm
 AGE: Adults 18 and over

Continued on page 12

CITY OF NEW LONDON TELEPHONE DIRECTORY

| | |
|---|--------------|
| Animal Control..... | 860-447-5231 |
| Board of Education..... | 860-447-6009 |
| City Clerk..... | 860-447-5205 |
| City Council..... | 860-447-5202 |
| City Pier..... | 860-443-3786 |
| City Planner..... | 860-437-6380 |
| Collector of Revenues/Tax Collector..... | 860-437-6319 |
| Credit Union-NL Municipal Employee..... | 860-447-1585 |
| Development & Planning (DP)..... | 860-447-5203 |
| DP Community Development/Lead..... | 860-437-6346 |
| DP Housing Rehab Coordinator..... | 860-437-6327 |
| DP Loan Specialist..... | 860-447-5243 |
| DP Neighborhood Coordinator..... | 860-437-6394 |
| DP Zoning/Wetlands Enforcement Officer..... | 860-437-6381 |
| Economic Development..... | 860-437-6309 |
| Finance Assessor..... | 860-437-6317 |
| Finance Director..... | 860-447-5218 |
| Finance Purchasing Agent..... | 860-447-5215 |
| Fire Department..... | 860-447-5291 |
| Fire Dispatch..... | 860-447-5268 |
| Fire Inspector..... | 860-440-6665 |
| Fire Marshal..... | 860-447-5294 |
| Fire Station Headquarters (Station 1)..... | 860-440-6671 |
| Fire Station North (Station 2)..... | 860-437-6340 |
| Fire Station South (Station 3)..... | 860-437-6341 |
| Harbor Master..... | 860-443-6304 |
| Housing Authority..... | 860-443-2851 |
| Information Technology..... | 860-447-5212 |
| Ledge Light Health District..... | 860-448-4882 |
| Library..... | 860-447-1411 |
| Mayor's Chief Administrative Officer..... | 860-440-6691 |
| Mayor's Executive Assistant..... | 860-440-6690 |
| Mayor's Office..... | 860-447-5201 |
| Ocean Beach Park..... | 860-447-3031 |
| Parking Garage..... | 860-443-1775 |
| Personnel..... | 860-447-5210 |
| Personnel Administrator..... | 860-447-5235 |
| Personnel Benefits & Pension Administrator.. | 860-440-6662 |
| Personnel Chief Examiner/Labor Assistant.... | 860-447-5211 |
| Police Detectives..... | 860-447-1481 |
| Police Dispatchers..... | 860-447-5269 |
| Police Evidence Officer..... | 860-447-5286 |
| Police Records..... | 860-447-5282 |
| Police Shift Commanders..... | 860-447-5281 |
| Probate Court..... | 860-443-7121 |
| Public Utilities..... | 860-447-5221 |
| Public Works (PW)..... | 860-447-5250 |
| PW Assistant Director, Engineering..... | 860-440-6645 |
| PW Building Official..... | 860-440-6644 |
| PW Buildings/Solid Waste/Fleet Manager..... | 860-447-5258 |
| PW Engineering Technician..... | 860-447-5241 |
| PW Highway/Parks Manager..... | 860-447-5237 |
| PW Housing Property & Construction Inspector..... | 860-437-6342 |
| PW Solid Waste Transfer Station..... | 860-447-5248 |
| PW Traffic Office..... | 860-447-5280 |
| Recreation Department..... | 860-447-5230 |
| Registrar of Voters..... | 860-447-5206 |
| Senior Center..... | 860-447-5232 |
| Tax Office..... | 860-447-5208 |
| Youth Affairs..... | 860-442-4994 |

Recreation Guide ... continued from page 11

LOCATION: Winthrop Elem School Gym
FEE: \$40 residents/\$45 nonresidents- 8 wks
INSTRUCTOR: Helen Ouimette

Participants of all fitness levels experience a mix of active Yoga and Pilates. Work the internal organs, glands and nerves, while you increase flexibility and strengthen your core muscles of the abs and legs. Perform various yoga postures and yogic breathing, as well as a mix of some traditional strengthening moves by adding light dumbbells. Modifications are made for the beginner through to the advanced student. Bring yoga mat, Theraband, light dumbbells, and wear comfortable clothing.

ZUMBA FITNESS

DATE: Mon & Wed, January 25-Feb 29, 2016
Mon & Wed, Mar 7-Apr 6, 2016
Mon & Wed, April 11-May 18, 2016
No class- 4/18, 4/20
TIME: 5:30-6:20 pm
AGE: Adults 16 and above
LOCATION: Jennings Elementary School
FEE: \$40 residents/ \$45 nonresidents 5 wks 2x per wk
(\$25/30 for 1 day a week)
INSTRUCTOR: Priscilla "Pinky" Shabarekh
Join the party! Zumba is a cardio-fitness dance class based on Latin and international rhythms that is sure to have your heart

pumping and feet moving! Have a fun time getting a great workout while burning calories! Designed to accommodate all fitness levels. No special equipment required; active clothing and athletic footwear recommended.

AMPED UP!

DATE: Tues. & Thurs., January 26-Mar 1, 2016
Tues & Thurs / Mar 8-April 7, 2016
Tues. & Thurs / April 12-May 19, 2016
TIME: 5:30-6:20 pm
AGE: Adults 16 and above
LOCATION: Winthrop Elem School Gym
FEE: \$40 residents/ \$45 nonresidents 5 wks
2x per wk
(\$25/30 for 1 day a week)
INSTRUCTOR: Priscilla "Pinky" Shabarekh
This program is a combination of Cardio kickboxing, Strength Training, Ab work, and Mat Science. Performed 2x a week, this 50 minute workout provides overall physical conditioning of the heart and toning of the body. Focus shall be given strongly on proper body mechanics, alignment and technique. Hand and ankle weights are suggested to increase intensity level but not required. Bring your yoga mat.

SKILLS AND DRILLS- CIRCUIT TRAINING

DATE: Tuesdays, April 5-May 31, 2016 - no class 4/19
TIME: 6:30-7:30 pm
AGE: Adults 16 and over
LOCATION: Nathan Hale Elem School gym
FEE: \$40 residents /\$45 nonresidents- 8 wks
INSTRUCTOR: Jennifer Meninno
A fun, energetic intermediate to advanced circuit training-style workout! This class mixes cardio, weight training, functional exercises and agility. It is designed in a way that pushes you harder than you'd push yourself. It is an EXTREME workout, so get ready!

DANCERCIZE CLASS

DATE: Wednesdays-Feb 17-April 6, 2016
Wednesdays, April 27-June 15, 2016
TIME: 5:30-6:30 pm
AGE: Adults 16 and over
LOCATION: Winthrop Elem School Gym
FEE: \$20 residents /\$25 nonresidents- 8 wks
INSTRUCTOR: Teresa Vasquez
A fun, energetic dance exercise class. Aerobics and simple dance choreography set to R & B Hip Hop and Rock music. Bring a water bottle and sneakers.

ADULT BALLET BARRE CENTER

DATE: Wednesdays, January 27- March 16, 2016
TIME: 6:00-7:00 pm
AGE: Adults 16 and over

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LOCATION: Nathan Hale Dance Room
FEE: \$40 residents /\$45 nonresidents- 8 wks
INSTRUCTOR: Lu-Anne Cox
Exercise with grace and fluidity in this floor barre and standing barre ballet class. Learn basic positions and movements in a comfortable non competitive atmosphere. If it has been years since you were in a ballet class or if you've never tried a class like this before, now is the time to try something different. Wear comfortable clothes, non-skid socks or ballet slippers. Instructor is a classically trained dancer, instructor and choreographer with decades of experience.

ADULT LYRICAL DANCE

DATE: Wednesdays, April 27-June 1, 2016
TIME: 5:30-6:30 pm
AGE: 18 yrs. and up
LOCATION: Nathan Hale Magnet School Dance Room
FEE: \$30 per resident/\$35 per nonresident
for 6 weeks

INSTRUCTOR: Sue Greenleaf

Join me in a 1-hour adult lyrical dance class once a week for 6

weeks. Previous dance experience is helpful but not required. Class is designed for advance beginning to intermediate level students. Active clothing as well as ballet slippers, jazz shoes, or dance sneakers are required. No street shoes allowed in the dance room.

ADULT HIP HOP DANCE EXERCISE

DATE: Tuesdays, Jan 26-Mar 22, 2016- no class 2/16
Tuesdays, April 5-May 31, 2016- no class 4/19
TIME: 7:30-8:30 pm
AGE: Adults 18 and over
LOCATION: Nathan Hale Dance Room
FEE: \$40 Resident/ \$45 Non-resident- 8 wk session
INSTRUCTOR: Monica Lee Fish
Adults will learn basic exercise based dance moves in a fun upbeat environment. Each participant should bring a water bottle and comfortable athletic clothing. No shoes by participants or spectators allowed in the dance room.

New London Senior Center

BINGO DATES

Mondays, Thursdays and Fridays at 10 am and the fourth Tuesday of each month at 10 am unless otherwise noted.

THE PRICE IS RIGHT GAME

Tuesday, February 16th, 10 am. This is an opportunity for some lucky person to "take home the groceries". You can't win if you don't play! Similar to the TV game show, a description is given for each item. It is up to you to guess the closest price to the actual total. Come join the fun!

CLASSES OFFERED

Story Reading with Helen:

Mondays, 9 am.

Exercise: Mondays, Wednesdays, and Fridays, 9 am (FREE to New London Residents)

Pickleball: Mondays, 12:15 pm, and Wednesdays - 10:30 am (*Pickleball is a tennis-like sport played by people of all ages!)

Health & Wellness: Tuesdays, 9 am (FREE to New London Residents)

Yoga: Tuesdays, 9am and Thursdays, 10 am. (Residents: \$15.00/Season Card

(20 Classes); Non-Residents; \$20.00/ Season Card (20 Classes))

Sewing: Tuesdays, 12:30 pm

Blood Pressure Checks: Wednesdays, 9am

Tai Chi: Thursdays, 9 am

Billiards: Mondays through Fridays, 1 pm

Walmart Shopping Trip: Every 3rd Friday of the Month, 10 am

To be announced: Wii Bowling and Beginner's Computer Classes

YOU CAN VOLUNTEER, YOU CAN BE INVOLVED!

We are always receptive to new ideas, new suggestions and new people! If you would like to be part of program planning, or serve on a committee, please come to the program advisory meeting on the first Tuesday of each month. The regular membership meeting is on the third Tuesday of each month. Please check our monthly newsletter for meeting times. The Senior Affairs commission meets on fourth Friday of each Month, at 2 pm. These meetings are informative and open to the public. If you have a concern, you can speak at the public comment. Please be prepared to limit your presentation to

5 minutes. Have you got an interest or hobby you'd like to share? We are interested in hearing about it. Just call 860-447-5232 and we will be glad to schedule your visit.

SPEAKERS

We are always looking to schedule speakers. If you know of someone you'd like to recommend, or a topic you'd like to learn more about, please let us know! Otherwise, please check our monthly newsletter to find out which topics and speakers we are hosting each month!

TRIPS

Each Wednesday (weather permitting) we take a trip to a location outside of the City of New London. This affords our population a chance to get away for a day. The outings include a lunch at a restaurant of participants' choice, and shopping stop. It's a great opportunity to meet new people and visit new places. Please note that the trip reservations are filled on a "first come first serve" basis.

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Senior Center ... continued from page 13

INCOME TAX ASSISTANCE

Partnering with AARP we arrange appointments for income tax assistance between February 2nd and April 15th this coming year, 9am-1pm.

GAME DAY

Whether you play Scrabble, Cards, Checkers or Chess, we encourage individuals and groups to come play with us! Please follow our monthly newsletter for the official "game dates."

VISIT OUR SILVER THREADS BOUTIQUE THRIFT SHOP

Open daily unless posted otherwise. Come see what hidden treasure you may discover!

LIBRARY

The library is a place to provide material for the young at heart. You can enjoy a good book, watch a movie or television.

TVCCA SENIOR CAFÉ/SPECIAL LUNCHEON

It is open daily unless otherwise posted in the newsletter. It's a chance to meet and greet new and old friends!

WINTER / SPRING SPECIAL EVENTS

JANUARY: Celebrating a new year! Beat the winter time blues with a luncheon and trivia in memory of Martin Luther King

and Three Kings Day. Mural Painting "Tree of Life" during January/February. Come join us and add your name to the tree.

FEBRUARY: Valentine's Day Luncheon, date to be announced in the monthly calendar.

MARCH: St. Patrick's Day Party.

WINTER WEATHER ADVISORY

During inclement weather, the senior center remains open but transportation and programs may be cancelled. Please tune into the local weather station for up to date information.

THE FOOD PANTRY

The Pantry will distribute food items on Thursdays from 11:30 am-12:15 pm. A simple registration form will be required. Please note that food is available for emergency distribution each week, Monday – Friday.

SENIOR CENTER BENEFITS CHECK UP

Senior Resources (previously known as the Area Agency on Aging) will no longer be coming to the New London Senior Center. Appointments can be made by calling: 860-887-3561 and 1-800-617-8889.

SENIORS ON THE GO

Don't forget to tune into our Atlantic Broadband Public Service Program on

Tuesday evenings at 5 pm. Call in with your questions at 860-440-3154 or 1-800-253-2285.

TRANSPORTATION

Transportation is available to and from the Senior Center, grocery shopping, outings, medical appointments within the New London area, and parts of Waterford. The municipal grant contracted with ECTC (Eastern Connecticut Transportation Consortium) provides transportation for senior citizens to medical appointment destinations at times when our services are not available. For up-to-date information and more detail, our newsletter is published monthly and can be found in a variety of places, including the New London Public Library, our City Hall, and at various senior housing complexes throughout the city. You can also stop by the Senior Center to pick up your copy.

For more information, please call us at 860-447-5232, or visit us at 120 Broad Street, at the intersection of Brainard and Mercer Streets. Please visit our new webpage: New London Senior Center at: <http://ci.new-london.ct.us/content/7429/7431/7463/7979.aspx>. New members aged 55 and up are welcome. There is no fee for membership. We would love to meet you!

New London Public Utilities

The goal of the Department of Public Utilities (DPU) is to provide high quality drinking water with minimal service interruptions and to ensure the wastewater treatment facility yields a high quality effluent that is low impact to the environment.

Veolia Water is reminding residents to help reduce and eliminate costly clogs within our sewer lines due to "flushable" wipes.

There is a growing problem of wipes in our pipes that result in increased sewer clogs, broken pumps and other pieces of sewer machines and equipment. The culprit is pre-moistened towelettes, baby wipes, cleaning wipes, paper towels and feminine products. You may see a notice on the wipes that they are flushable but this is not recommended by the operators of city sewer systems.

Veolia Water notes that these products do not breakdown within the sewer system and can result in clogs, as well as sewer backups in your home. They are requesting that residents be careful with what they flush down the toilet. This can cause millions of dollars in repair work or replacement and could possibly affect service delivery.

Veolia Water requested that only toilet paper be flushed down the toilet and all other products be disposed of in the trash. If you have any questions, please feel free to contact Veolia Water at (860) 447-5222.

Public Library of New London

63 Huntington St, New London 06320

860-447-1411

www.plnl.org

HOURS

Mon, Tu, Th 9:30-7:00 pm

Wed 1:00-7:00 pm

Fri 9:30-5:00 pm

Sat 10:00-4:00 pm

Sun (Jan-Mar) 1:00-4:00 pm

To view our services and monthly Calendar of Events visit www.plnl.org.

Register by phone or on-line for the following events:

MONTHLY BOOK CLUBS

Supper Book Club (2nd Monday @ 5:30 pm)

Usual Suspects Mystery (3rd Monday @ 5:30 pm)

Shelf Awareness Book Club (3rd Tuesday @ 3:00 pm)

Teens Pizza and Pages Book Club (3rd Thursday @ 4:00 pm)

FEBRUARY

BASICS OF SOCIAL MEDIA

Why use it, which channels and what to say

Tue, Feb. 2 / 9:30 - 11:00 am

Learn to use Facebook, Twitter, LinkedIn, Pinterest and Google+ to reach current and new customers.

COOKING W/ DADDY JACK

Mon, Feb 8 / 5:30 pm - 7:00 pm

Join Chef Jack Chaplin for a fun evening of cooking and instruction. Increase your confidence in the kitchen.

PONYTAILS, BRAIDS, AND BUNS - OH MY!

The Parents Workshop for Styling Your Child's Hair with Ease

Wed, Feb 10 / 5:00 pm - 6:00 pm

Pros from Waterhouse Salon take the stress out of doing your child's hair with tips and tricks. Simplify your morning routine!

EVERY CHILD READY TO READ

1,000 Books before Kindergarten

Wednesday, February 17 at 5:30 pm in Spanish

Wednesday, February 24 at 5:30 pm in English

Free workshop on early literacy for parent/caregivers and children under the age of 5. Supper provided. This project is made possible by the Institute of Museum and Library Services, the Library Services and Technology Act and the CT State Library.

MARCH

HOMESCHOOL WORKSHOP: MAKEY MAKEY TIME!

Thursday Mar 3 / 1:00 pm - 2:00 pm

Play with invention kits that connect simple circuit boards. Turn the whole world into a keyboarding adventure!

TECTONIC HISTORY OF CONNECTICUT

Sunday, Mar 6 / 2:00 pm - 3:00 pm

Dr. Ralph Lewis, CT State Geologist Emeritus, explains tectonic events in Eastern CT that led to today's topography.

DRAWING FOR ABSOLUTE BEGINNERS

Mon, Mar 7 - April 11 / 5:30 pm - 7:00 pm

Uncover your hidden ability to draw. 6 week series with instructor Cindy Samul. Ages 16 and up.

DESIGN YOUR OWN CLOCK

Tuesday, March 15 / 3:30 pm - 4:30 pm

Celebrate Daylight Savings by designing your own clock. Materials provided.

ST. PATRICK'S DAY PARTY

March 17, 3:00-5:00pm

Thursday, March 17, 3:00 - 5:00 pm Stop by any time.

St. Patrick's Day Party for children all ages. Games, crafts & stories. Don't forget to wear green!

NO REGISTRATION REQUIRED.

ONE BOOK ONE REGION BOOK

DISCUSSION: *JUST MERCY*

Sunday, March 20 / 2:00-3:00 pm

Join Lonnie Braxton in One Book One Region discussion of *Just Mercy* by Bryan Stevenson.

EASTER EGG HUNT

Thursday, March 24, 11 am

Easter Egg hunt for children birth - 5.

Stories, songs and crafts. Children birth - 5.

NO REGISTRATION REQUIRED

APRIL

LOCAL AUTHORS FEST

Sat, April 16 / 12:30 pm - 3:30 pm

Great opportunity to meet local authors representing a variety of genres, all in one place.



New London Public Works

Winter is upon us, and by working together we can ensure that we all stay safe and protected, no matter what mother nature throws at us. New London Public Works plows streets, city parking lots and city-owned sidewalks as well as Board of Education properties. Here are some helpful guidelines to make all of our efforts as successful as possible:

- Please observe parking regulations and parking bans. This winter of 2015/16 approved parking is on the “Odd” side. This is the side of the street where the house numbers are odd. During major storms short-term city street parking bans are highly effective in allowing our staff to clear roads prior to the next storm.

Please park off-street or in parking garages (free during parking bans) during bans to allow us to do our job most effectively.

- Depositing snow in city streets is dangerous, illegal and the liability of the homeowner or business. When shoveling, snow blowing or plowing, always clear the area next to your driveway on the side where the city plow approaches, and deposit your snow on the other side of your driveway. That gives the newly-plowed snow an area to land without your driveway being blocked.
- It is the responsibility of the homeowner or business to clear sidewalks in front of their property. Please work together with

your neighbors to keep all sidewalks clear. Even one blocked property sidewalk forcing pedestrians into the streets creates a highly dangerous situation.

During January through March the City’s L.E.D. streetlight vendor will be converting all City streetlights (more than 2500) to more cost effective and efficient L.E.D. technology. Please be patient when travelling near the work crews. Once the conversion is complete, the City will see a significant drop in utility and bulb replacement costs.

City Council

The Council meets the first and third Monday of each month at 7:00 p.m. in the City Council Chambers of City Hall unless otherwise specified. The City Council is the City’s legislative body, consisting of seven members. The Councilors are elected at large and serve for two-year

terms. A majority of all the members elected to the Council shall constitute a quorum to do business. The President and the President Pro Tempore are selected by vote of the members of the Council. The President presides over the meetings of the Council.

The Epilepsy Foundation of CT

We offer 7 support groups throughout the state in Groton, Bethel, Milford, Stamford, Middletown, Guilford & Hartford. Our meetings are for adults living with

epilepsy and parents of children with epilepsy. Those interested in attending are asked to please RSVP, to the Epilepsy Foundation of Connecticut by calling

800-899-3745 or emailing Allison at Allison@epilepsysct.com. For more information visit <http://www.epilepsysct.com> or call 800-899-3745.

Visit New London!
City of New London website: <http://www.ci.new-london.ct.us>



TRIPLE CROWN



QR CODE

Proud to DU It– Youth Duathlon– Run– Bike– Run
is on Sunday, May 1st at New London High School– register at
<https://runsignup.com/Race/CT/NewLondon/ProudtoDUIt>

Norwich Splash and Dash– Youth Aquathlon– Run– Swim– Run
is Saturday, June 25 at Mohegan Park in Norwich– register at
<https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash>

Proud to TRI– Youth Triathlon– Swim– Bike– Run
Is Saturday, September 10 at Camp Harkness in Waterford– register at
<https://runsignup.com/Race/CT/Waterford/ProudtoTRI>

Can you meet the challenge of finishing ALL THREE of these races? Youth age 5-17 will have the chance to compete in all three races in 2016 to earn the 2016 TRIPLE CROWN CHAMPION trophy. Only those participants that actually complete each event will qualify for the trophy. We are promoting youth fitness throughout South-eastern CT with these regional events. Training wheels allowed. Lifejackets allowed. All three websites listed above offer a Triple Crown single registration \$60.

RUN BIKE RUN



Proud to "DU" It

- Medals to all participants
- Race t-shirts
- Food/Beverages following event

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YOUTH AQUATHLON SERIES



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The Garde Arts Center



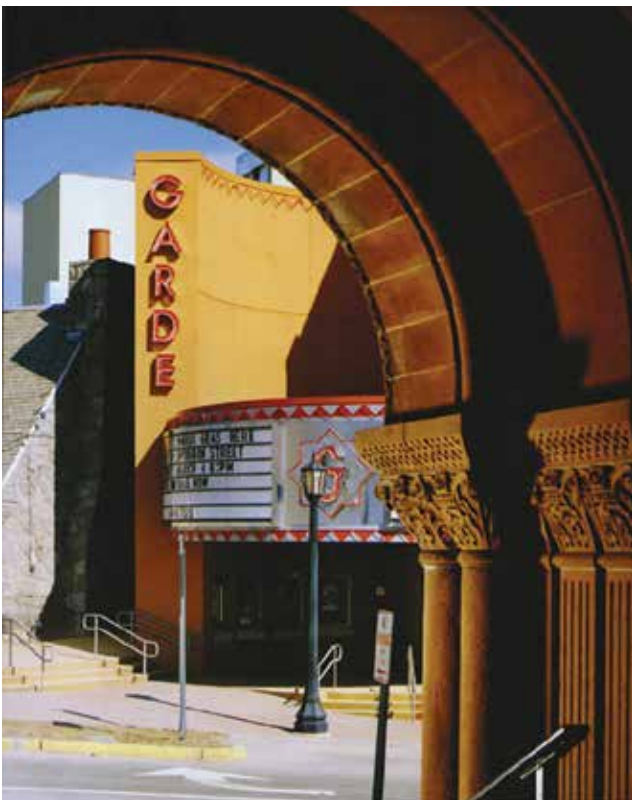
The Garde Arts Center was created in 1985 as a non-profit performing arts organization in order to save and reuse the historic Garde Theatre, one of the few remaining historic movie palaces in Connecticut. Built in 1926 during the golden era of the motion pictures and vaudeville theatres, the recently restored Moroccan interior of the Garde Theatre, along with the new seats and state-of-the-art stage equipment, provide

a very audience-friendly theatre venue in a warm and beautiful atmosphere. Today the Garde is becoming nationally recognized for its unique architecture and multi-faceted programming.

In fact, the Garde Arts Center is not just the Garde Theatre, but has become an “arts block” of historic buildings all being transformed into a multi-space center for arts, education, commerce, and community events. The four-story Garde Office Building, for decades one of the most desired professional and commercial buildings in New London, has been transformed into expanded lobbies, box office space and a 130-seat performance and function hall, the Oasis Room. The three-story Mercer Building provides offices for Garde administration and a historic function hall due slated to become a small second performance space. The one-story Meridian Building houses commercial and non-profit businesses and stage support space.

The Garde, Meridian and Mercer buildings were all built between 1924 and 1926 on the site of the baronial mansion of whaling merchant William Williams. The Garde Theatre sits on a portion of the Williams estate that had been purchased from the Williams family by Theodore Bodenwein, the founder of The Day newspaper. The newspaper magnate sold the land to the new theatre developers so that something would be built “for the good of New London.”

The theatre was built during the height of the movie palace era as a “photoplay house” by architect Arland Johnson, under the direction of Arthur Friend, a New York movie studio attorney who at the time was building six movie houses in Connecticut



and Massachusetts. Named after Walter Garde, a Hartford and New London businessman, the Garde Theatre opened on September 22, 1926, with the silent film "The Marriage Clause" starring matinee idols Francis X. Bushman (1883-1966) and Billie Dove (1903-1997). The Garde was hailed by the press of that time "one of the finest theatres in New England." Typical of the era, the theatre was a stage for vaudeville as well as film. Variety acts of music, comedy, acrobats and magic, were interspersed between the showing of feature films, comedy shorts, and newsreels.

For decades the Garde Theatre played a central role in the community life of New London and Southeastern Connecticut. Its ornate Moroccan interior, giant screen, and marvelous acoustics ensured that Warner Bros., who purchased the Garde for \$1 million in 1929, would maintain it as one of the region's most stunning and viable movie theaters. The Garde's nontheatrical events included a national touring production of the play Tobacco Road in February 1953, and a televised showing in October 1964 of the Sonny Liston-Cassius Clay boxing match.

As New London faced the growing competition from suburbanization and malls leading to a decline in its economic health, so to the Garde, in the '60s and '70s, fell victim to declining retail, malls, multiplex cinemas, and television. Despite occasional blockbuster attendance as there was in 1971 for the screening of The Godfather, declining attendance forced RKO-Stanley-Warner to close the theater in 1977. In 1978, it was sold to a locally owned business Robertson Paper Box Company who, after attempting to operate the theater on a regular basis, sold the building in 1985 to the newly created non-profit Garde Arts Center, Inc.

In 1987, the Eastern CT Symphony Orchestra made the Garde its new home. In 1988, the Garde hired its first executive director, Steve Sigel, and began presenting a full spectrum of performing arts series: dance, musical theatre, contemporary music, and family events. Notable performances from that period included Marvin Hamlisch, Itzhak Perlman (both in 1989), Johnny Cash and Tony Bennett in 1990, The London Symphony Orchestra conducted by Michael Tilson Thomas in 1992, and two sold-out concerts by Bob Dylan in 1998.

In 1988, the State of Connecticut awarded \$750,000 to replace the theatre heating and air-conditioning system, the first of several major facility grants three successive Governors shepherded through for the Garde. The Mercer and Meridian buildings were purchased in 1993. In the summer of 1994, movies were added to the Garde's live programming. That year began a \$15.75 million fundraising effort – Campaign for the Garde 2000 – to restore and expand the theatre. In October 1998, the Garde opened with its new lobbies and storefronts and, one year later, the theatre opened with the theatre interior restored. The Oasis Room began to be consistently used by 2008 for mostly jazz, folk and popular music. The adjacent Mercer Building provides dressing rooms for the Oasis Room. The corner storefront of the Mercer Building on State and Meridian Street houses the Garde Gallery a community arts and meeting space.

Photos: Tony Bacewicz Media



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